

Arlo the Lion Who Couldn't Sleep Teacher Activity

Daily Routines

CfE: Health & Wellbeing HWB 0-33a

Arlo likes a song at bedtime. What do you do before you go to bed and what things do you do in the morning? Talk about daily routines and what you do at different times of the day. You may want to use additional symbols, picture cards or digital images to help.

Vocabulary

Multiple message system (Go Talk 9+ or low-tech symbol board)

	Picture Label	Message
1.	In the morning	(same as label)
2.	In the evening	(same as label)
3.	Your turn	(same as label)
4.	I	I
5.	like	like
6.	brush teeth	brush teeth
7.	wash face	wash face
8.	not	not
9.	brush hair	brush hair
10.	get dressed	get dressed
11.	put on pyjamas	put on pyjamas
12.	read a story	read a story

