

Scottish Country Dancing

Canadían Barn Dance

for couples with one wheelchair user plus ambulant partner

Walk forwards, partner pushing wheelchair user for 3 beats and hops on 4.



Walk backwards, partner pushing wheelchair user for 3 beats and hops on 4



Partner takes 2 side steps away from wheelchair user and claps.



Partner takes 2 side steps towards wheelchair user and claps.



Walk forwards, parter pushing wheelchair user for 7 beats and turn on 8 in opposite direction.



Repeat.





